

Men's Pledge to End Rape

Because:

I believe that rape will not end until men become part of the solution;

I take pride in myself as a man;

I care about the women in my life;

I am angry that people I know have been hurt;

I know that a woman is raped every minute* in this country;

I understand that rape is a crime of violence against women's bodies, women's emotional well-being and women's right to do with their bodies as they choose;

I recognize that men and women will not be equal until rape ends;

I know that happiness between men and women is difficult in a world where rape exists;

I accept my responsibility to assist in making this a safer world.

I pledge to:

Express my anger about rape non-violently*;

Talk with other men about rape;

Look at how men are raised and how that helps create a culture where rape is possible;

Interrupt rape jokes;

Support laws that encourage men to take responsibility for ending rape;

Listen to female friends' fears and concerns for their safety;

Pay attention to cries for help;

Challenge images of violence against women in advertising and pornography;

Encourage women to be strong and powerful;

Recognize that cooperation is power;

Change whatever I am doing that helps create a culture where rape is possible;

Support women and men working to end rape.

Original version of this statement by the California Anti-Sexist Men's Political Caucus

*edited for the Walk a Mile in Her Shoes Campaign